

# OB MEDICATIONS

## COLD, COUGH, OR SORE THROAT

- ❖ Tylenol or Extra Strength Tylenol
- ❖ Tylenol Cold, Tylenol Sinus, or Tylenol Flu, Sudafed, Actifed
- ❖ Chloroseptic Spray, Sucrets lozenges, Cepastat lozenges, Cepacol lozenges
- ❖ Ocean Spray Nasal Spray
- ❖ Warm salt-water throat gargle
- ❖ Plain Robitussin
- ❖ Ludens, or Halls Cough drops
- ❖ Room humidifier

## INDIGESTION

- ❖ Tums, Maalox, Mylanta
- ❖ Tagamet, Pepcid, or Zantac

## NAUSEA

- ❖ Emetrol as directed on label
- ❖ Vitamin B6 with every meal

## CONSTIPATION

- ❖ Metamucil, Fibercon, Colace (stool softener)
- ❖ Milk of Magnesia, Fleet enema
- ❖ Fruits, vegetables, bran, coffee, prunes

## DIARRHEA

- ❖ Kaopectate, Imodium AD

## HEMORRHOIDS

- ❖ Preparation H, Tucks, Anusol
- ❖ Sitz baths with Epsom Salts

## YEAST INFECTION

- ❖ Over the Counter - Monistat, Gynelotrimin

## HEADACHE

- ❖ Tylenol, Extra Strength Tylenol