

# **Semen Analysis Instructions**

## **Proper Collection of Seminal Fluid**

Abstinence from all sexual activity is recommended for a period of three to five days before collection.

Collect sample in a clean container that is free of chemical or soap residues.

Wrap container in a dry towel or washcloth to keep specimen warm. Place container in a bag for transport to the lab.

Deliver sample directly to the Gwinnett Hospital Lab within 30 minutes of collection. The lab is open seven days a week from 7:00am until 2:00pm.

Take paperwork to Outpatient Registration Desk located in the main lobby of the hospital.

Return completed paperwork to the lab.